

What is outdoor learning?

Outdoor education can be simply defined as experimental learning in, for, or about the outdoors. The term 'outdoor education,' however, is used broadly to refer to a range of organized activities that take place in a variety of ways in predominately outdoor environments,

What are the benefits of outdoor learning?

- Enhanced personal and social communication skills.
- Increased physical health.
- Enhanced mental and spiritual health.
- Enhanced spiritual, sensory, and aesthetic awareness.
- The ability to assert personal control and increased sensitivity to one's own well-being.

Why is outdoor education important?

Many researchers contribute the increase in performance to increased relevance and hands-on experience of learning outdoors. Learning outdoors is active and increases students' physical, mental and social health. Outdoor learning and access to nature also decrease stress levels of students and teachers

How can I learn outside the classroom?

There are many ways to make learning extend outside the classroom:

1. Field Trips.
2. Service Learning and Community Engagement.
3. Study Abroad.
4. Technology Outside the Classroom.
5. Peripatetic Pedagogy.
6. Place-Based Learning.
7. Assessment of Field Experiences.
8. Resources for research on Experimental Learning.

What is education outside the classroom?

Learning Outside the Classroom (LOtC) is the use of places other than the classroom for teaching and learning. It is about getting children and young people out and about, providing them with challenging, exciting and different experiences to help them learn.

What is learning outside the classroom?

Learning outside the classroom is a broad term that includes: outdoor play, school grounds projects, environmental education, recreational and adventure activities, personal and social development.

What are the benefits of outdoor education?

11 Proven Benefits of Outdoor Learning

- Better grades: Here's one that ought to make every educator snap to attention. ...
- Better health: ...
- Decreased stress levels: ...
- Increased motivation: ...
- Better attitudes about the environment: ...
- Better overall behavior: ...
- Enhanced communication skills: ...
- Increase in outdoor skills: